Psychology 100B: Introduction to Psychology
Fall 2019 Semester
Section 01: MWF 10:00 – 10:50am – Simon 1
Section 02: MWF 2:00 – 2:50pm – Simon 1

Psychology is the scientific study of mind and behavior, which includes many topics. This course will provide a general survey of this expansive field. For some of you, this may be your only exposure to studying psychology. For others, this course will lay the groundwork for more advanced courses. It is difficult to cover the many topics of psychology in a survey course. If your curiosity is not satisfied with regard to some specific topic -- and often it will not be -- there are many advanced courses that you can take.

Course format and attendance
Class meetings will cover the topics listed in the course outline. Class will consist of lectures, supplemented by demonstrations, videos, and other activities to augment your understanding of key concepts. You are responsible for everything presented in class, including lectures, demonstrations, videos, remarks of guest speakers, and announcements. Also, there will be material covered in class that is NOT in the textbook.

Thus, you are expected to attend EVERY lecture. If you are unable to attend class, it is your responsibility to obtain notes from someone in class. Assistants to Instructors will NOT provide notes.

Instructors’ contact information
If you plan to visit one of the professors not currently teaching, please email them beforehand to let them know you’ll be stopping by. For instructors currently teaching, no need to email, just stop by.

| In order of appearance | Office hours       | Office location | Email Address
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<thead>
<tr>
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<tbody>
<tr>
<td>Dr. Mitchell Sommers</td>
<td>M 1:30-2:30/Th 12-1</td>
<td>Somers Hall 417A</td>
<td><a href="mailto:msommers@wustl.edu">msommers@wustl.edu</a></td>
</tr>
<tr>
<td>Dr. Jan Duchek</td>
<td>M 11-1</td>
<td>Somers Hall 416F</td>
<td><a href="mailto:jDuchek@wustl.edu">jDuchek@wustl.edu</a></td>
</tr>
<tr>
<td>Dr. Heather Rice</td>
<td>T 11:30-1:30 pm</td>
<td>Somers Hall 416E</td>
<td><a href="mailto:hRice@wustl.edu">hRice@wustl.edu</a></td>
</tr>
</tbody>
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Assistants to Instructors’ contact information
Contact the Assistants to Instructors if you have questions about course content, your grades, or any other difficulty related to the course, or if you want to look over an exam. They are here to help you.

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<tr>
<th>Name</th>
<th>Office hours</th>
<th>Office location</th>
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</thead>
<tbody>
<tr>
<td>Lauren Gaunt</td>
<td>M 1-3 pm</td>
<td>Somers Hall 403</td>
<td><a href="mailto:Lauren.Gaunt@wustl.edu">Lauren.Gaunt@wustl.edu</a></td>
</tr>
<tr>
<td>Peter Millar</td>
<td>MW 3-4 pm</td>
<td>Somers Hall 314D</td>
<td><a href="mailto:pMillar@wustl.edu">pMillar@wustl.edu</a></td>
</tr>
<tr>
<td>Emily Streep</td>
<td>Th 1:30-3:30 pm</td>
<td>Somers Hall 302J</td>
<td><a href="mailto:streepere@wustl.edu">streepere@wustl.edu</a></td>
</tr>
<tr>
<td>Xiaojin Ma</td>
<td>W 10-12</td>
<td>Somers Hall 424G</td>
<td><a href="mailto:Xiaojinma@wustl.edu">Xiaojinma@wustl.edu</a></td>
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Course materials
Textbook: The course textbook, *Psychology in Modules* by Myers & DeWall (12th edition), is available at the campus bookstore, online, and via the publisher’s website: [http://www.macmillanlearning.com/catalog/Product/psychologyinmodules-eleventhedition-myers](http://www.macmillanlearning.com/catalog/Product/psychologyinmodules-eleventhedition-myers)

You may purchase the hard copy or electronic version.

Canvas: The syllabus, grades, and other helpful course information will be posted on Canvas. Powerpoint slides will also be posted there before each exam. Note that the slides are NOT intended to replace attendance in class—simply studying the slides will not enable you to perform well in this course.
Grades
Your grade will be based on a maximum of 167 total points. The maximum points you can earn from each of the following categories are:

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<td>- 150 points</td>
<td>- 11 points</td>
<td>- 6 points</td>
<td>- 1 point</td>
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Your final grade will be assigned using the scale below. Please note that we do not round grades up.

- A+ 97.00-100%
- A 93.00-96.99%
- A- 90.00-92.99%
- B+ 87.00-89.99%
- B 83.00-86.99%
- B- 80.00-82.99%
- C+ 77.00-79.99%
- C 73.00-76.99%
- C- 70.00-72.99%
- D+ 67.00-69.99%
- D 63.00-66.99%
- D- 60.00-62.99%
- F 59.99% and below

If you are taking this class Pass-Fail you must earn a C- (70%) or better to earn a passing grade.

Exams
Your knowledge will be evaluated via 3 unit exams and possibly the optional cumulative final exam. 150 points of your grade will come from exams.

Unit exams 1-3: Unit exams will each be worth 50 points and composed of 50 multiple choice questions covering material only from that unit. You MUST take unit exams during the section in which you are enrolled. If your name does not appear on the roster for the section in which you take the exam, you will receive a ZERO.

There are no make-up exams in this course, except for absences to participate in a University-sponsored event. If you will be missing a test for a University-sponsored event, you must notify the instructor who is administering the exam (for Exam 1, this would be Dr. Sommers; for Exam 2, Dr. Duchek; and for Exam 3, Dr. Rice) NO LATER THAN September 15 - NO EXCEPTIONS. This notification must be in the form of a written or emailed note from the faculty/staff advisor or event sponsor. It must explain which test you are missing and the University event that you will be attending. Anyone who misses one of the regularly scheduled tests for any reason other than a University-sponsored event MUST take the final exam. If the Instructor does not receive notification of the need to miss an exam by September 15, you will not be allowed to take a makeup.

Optional final exam: The final is worth 50 points and composed of 50 multiple choice questions covering material from the entire semester. If you miss any unit exam you MUST take the final exam. The final exam will ONLY be given on the scheduled date, Dec 17, 2019 3:30PM - 4:30PM. Do NOT make travel plans for winter break that have you leaving before the final if there is ANY chance you might take it.

You may elect to take the final exam to improve your score in the course. If you elect to take the final exam and your score is greater than any unit exam, we will replace the lowest unit exam score with your score on the final exam. If your score on the final exam is lower than any unit exam, then your final grade will be composed of your scores on unit exams 1-3. This means that taking the final CANNOT hurt your grade in any way; it can only improve your score.
**Quizzes**
There will be 11 quizzes. You will be required to login to this course on Canvas and complete each quiz **independently** (consulting with classmates is a violation of academic integrity). Quizzes will be posted sometime on Monday and due by midnight on Wednesday. These quizzes are meant to provide you (the student) and me (the instructor) with feedback regarding your understanding of the material. The quizzes should be taken after you have read the assigned chapter and reviewed your lecture notes. For maximal benefit, we highly suggest that you first try to select the correct answer based on your memory for the material (as you would on an exam), and then check your choice (by consulting the book and lecture notes) before submitting the quiz.

Each quiz is comprised of 4-5 multiple-choice questions for a total of 1 point per quiz. The quizzes will stay active after their due date, so you can use them for exam review; however, you will not earn points for late quizzes. If you do not submit your quiz, Canvas will auto-submit it. There will be no make-up quizzes in this class for any reason.

**Research assignments**
To further broaden your exposure to psychological research, you will complete 6 points of research assignments. There are three options described below: research participation, research paper, or departmental colloquium attendance. You may use any combination of these activities to earn 6 points. For example, you could participate in 3 experiments, attend 2 colloquia, and write 1 paper.

**Research participation:** You can choose to participate in psychology experiments, which will give you first-hand experience of what psychology research actually looks like. Each hour of experimental participation is worth 1 point. Every activity associated with participating in research, including checking how many points you have earned over the course of the semester, will be handled through the Sona website. This website can be accessed at [https://wupsych.sona-systems.com](https://wupsych.sona-systems.com). Please reference the document “How to participate in experiments for credit via Sona” on Canvas for more details.

**Research paper:** You can choose to write short papers (1 to 2 pages) reflecting on psychological research articles, which will provide you with in-depth exposure to scientific writing and research. More information on the research papers, as well as a list of the approved psychology articles that you can review, will be posted on Canvas. You can earn 1 point for each page you write, provided that the paper is clear and well-written. You will NOT receive credit if you review an article that is not on the list posted on Canvas or if you plagiarize (which is an academic integrity violation and may carry additional consequences). **Completed papers should be uploaded in a single word document via the portal on Canvas. In other words, if you plan to earn up to 4 research points by submitting 2 two-page papers, those 2 papers should be submitted to Canvas in a single document. All papers are due by the last day of class, Friday December 6th, at 5pm.**

**Departmental colloquium attendance:** You can choose to attend one-hour departmental colloquium talks, which will introduce you to cutting edge psychology research. These talks are given by top psychologists who have been invited to speak about their current research programs. We will post the schedule of approved talks on Canvas. You will earn 1 point for attending a talk. You must sign up for these in advance via [https://wupsych.sona-systems.com](https://wupsych.sona-systems.com). Space is limited, so sign up early.
Extra credit
Extra credit will be added to your total number of points before we compute your percentages. That is, we will add your three highest exam grades, your quiz points, your research assignment points, and any extra credit, and then divide that total by 167. As noted earlier, we do not round up in this class. You can earn 1 extra credit point via the following mechanism:

CIRCLE surveys: You can earn 1 extra credit point for completing BOTH the pre-assessment/survey AND the post-assessment/survey administered by the Center for Integrative Research on Cognition, Learning, and Education. You will NOT receive any extra credit if you only complete the pre- or post-assessment/surveys (i.e., no partial points will be given). More information regarding this opportunity will be described via email and in class during the first week of class.

Grade appeals
If you feel strongly that your grade on an exam was unfair, you can appeal your grade on any exam. In such cases, write an email stating (a) the test item you are questioning and (b) your rationale for the appeal. Send your email to the instructor who administered the exam. Grade appeals MUST be emailed within ONE WEEK of the grades for that exam being posted.

Etiquette during class
Just as it is important for your instructor to act in a courteous and respectful way toward you, it is equally important for you to act similarly toward your peers and the instructor. Because of the disruptive nature of certain behaviors, we ask that you follow these guidelines during class:

Students talking during lecture. This interferes with your and your peers’ ability to take notes. It is also distracting to your instructor and will interfere with their ability to present class material. Instructors will NOT repeat information that could not be heard due to such disruptions.

Coming in late. Class starts promptly ON THE HOUR. If you come to class late, please select a seat in the back row; do not clamber over other students to find your usual seat.

Ringing/beeping/using cell phones. Please silence all phones before class begins.

Laptop use in class. It is fine to bring a laptop to class in order to take notes. However, it is distracting to you, other students, and to the instructor to surf the web, message friends, watch YouTube, etc. Because doing so can harm the performance of others around you (Sana, Weston, & Cepeda, 2013), we ask that you sit in one of the last several rows of the classroom or on the very far outer sides of the classroom if you intend to use a laptop in this class.

Academic integrity
Ethical behavior is an essential component of learning and scholarship. Students are expected to adhere to the University’s academic integrity policy: wustl.edu/policies/undergraduate-academic-integrity.html. Students who violate this policy will be referred to the Academic Integrity Policy Committee. Penalties for violating the policy can include failure of the assignment, failure of the course, suspension or expulsion from the University. If you have any doubts about what constitutes a violation of the Academic Integrity policy, or any other issue related to academic integrity, please ask your instructor.

Disability resources
If you have a disability that requires an accommodation, please speak with instructor and consult the Disability Resources Office (disabilityresources@wustl.edu). Disability resource staff will determine appropriate accommodations and will work with your instructor to make sure these are available to you.
Mental health
Mental health services’ professional staff members work with students to resolve personal and interpersonal difficulties, many of which can affect the academic experience. These include conflicts with or worry about friends or family, concerns about eating or drinking patterns, and feelings of anxiety and depression. See: shs.wustl.edu/MentalHealth

Accommodations following sexual assault
The University is committed to offering reasonable academic accommodations to students who are victims of sexual assault. Students are eligible for accommodation regardless of whether they seek criminal or disciplinary action. Please direct requests for accommodation to Kim Webb (kim_webb@wustl.edu), Director of the Relationship and Sexual Violence Prevention Center. Ms. Webb is a confidential resource; however, requests for accommodations will be shared with the appropriate University administration and faculty. Please see Canvas for further information.
# Schedule of Topics

This schedule and/or topics to be covered are subject to change. Any changes along with specific reading assignments will be announced in advance in class.

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<tr>
<th>Dates</th>
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<th>Instructor</th>
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| M 8/26 - F 9/27 | **Unit 1**  
Course Introduction (Module 1)  
Research Methodology (Modules 2-3)  
Biology & Behavior (Modules 4-6)  
Sensation & Perception (Modules 17-19)  
Consciousness (Modules 7-9)  
No Class Monday 9/2 for Labor Day  
Unit 1 Quizzes due on: 9/4, 9/11, 9/18, 9/25 | Dr. Sommers |
| F 9/27      | **Exam 1**  
In class exam - Covers all lecture material and modules in Unit 1 |              |
| M 9/30 - F 11/1 | **Unit 2**  
Learning (Modules 20-22)  
Memory (Modules 23-25)  
Thinking, Language, & Intelligence (Module 26, 28-31)  
Motivation & Emotions (Modules 32-33; 36-37)  
Human Development (Modules 13-14,16)  
No Class - Fall Break 10/14  
Unit 2 Quizzes due on: 10/9, 10/16, 10/23, 10/30 | Dr. Duchek |
| F 11/1      | **Exam 2**  
In class exam - Covers all lecture material and modules in Unit 2 |              |
| M 11/4 - F 12/6 | **Unit 3**  
Emotion, Stress and Health (Modules 36-40)  
Social Psychology (Modules 41-44)  
Personality (Modules 45-47)  
Psychological Disorders (Modules 48-52)  
Treatment of Psychological Disorders (Modules 53-55)  
No Class – Thanksgiving 11/27, 11/29  
Unit 3 Quizzes due on: 11/13, 11/20, 12/4 | Dr. Rice   |
| F 12/6      | **Exam 3**  
In class exam - Covers all lecture material and modules in Unit 3 |              |
| Dec. 17, 2019 | **Optional Cumulative Final Exam**  
Location to be determined  
3:30-4:30 pm: Note that time allotted is equated to other exams |              |