**Special Studies in Somatics U31 Dance 385.02**  
**Instructor: Susan Volkan**  
**Fall 2016**

You may enroll in this section for 1, 2 or 3 units. Students enrolled for 1 unit attend one session per week, 2 units attend 2 sessions, 3 units attend 3 sessions. Each session is 75 minutes.

Available sessions for attendance are as follows:

- **Tuesday 5:15 – 6:30** Introduction to Pilates
- **Tuesday 6:30 – 7:45** Mind Body Movement
- **Thursday 5:15 – 6:30** Introduction to Pilates
- **Thursday 6:30 – 7:45** Mind Body Movement
- **Friday 5:30 – 6:45** Intermediate/Advanced Pilates session for Somatics Special Studies Students. By consensus, we may occasionally practice a specialty topic.

You may create your own schedule or mix and match by arrangement with me. Make-up hours can be completed in any of the sessions.

**Project Requirement**  
By individual arrangement you can choose between TA duty, research project, or teaching project to fulfill your project requirement.  
If you choose TA duty, it would be best if you can be available to help with the intro to Pilates demo midterm and final practical exam.